

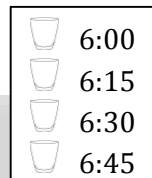
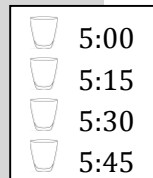
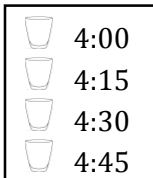
BOWEL PREPARTATION INSTRUCTIONS

GENERIC (1 gallon) bowel prep for COLONOSCOPY Split Dose

- You may have as much clear liquids as desired until 12 midnight, **NOTHING BY MOUTH AFTER MIDNIGHT**. An empty stomach is necessary for a successful COLONOSCOPY.
Breakfast, lunch, dinner and snacks will be CLEAR LIQUIDS ONLY. After being on CLEAR LIQUIDS ALL DAY, you will start your bowel prep at:

STEP ONE

- 4 p.m.** start your bowel prep.
 - Drink 8 oz. glass every 10 – 15 minutes for a total of 12 – 8 oz. glasses.



STEP TWO

The morning of procedure
5 hours BEFORE your appointment.

- : a.m.** drink remaining prep.
 - Drink 8 oz. glass every 10 – 15 minutes for a total of 4 – 8 oz. glasses.



If you have any questions regarding the bowel prep instructions, please contact our office at: (714) 527 - 6000.