



**BOWEL PREPARATIONS INSTRUCTIONS**

GENERIC (1 GALLON) BOWEL PREP FOR  
COLONOSCOPY SPLIT DOSE

- You may have as much clear liquids as desired until 12 midnight, **NOTHING BY MOUTH AFTER MIDNIGHT.** An empty stomach is necessary for a successful COLONOSCOPY

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<p align="center"><b>STEP ONE</b> DAY BEFORE PROCEDURE</p> <p align="center"><b><u>6 P.M.</u></b></p> <p>start your bowel prep. <u>Drink 8 oz. glass every 15 minutes</u> for a total of 12 - <u>8 oz. glasses</u></p> <table border="0"> <tr> <td> 6:00</td> <td> 7:00</td> <td> 8:00</td> </tr> <tr> <td> 6:15</td> <td> 7:15</td> <td> 8:15</td> </tr> <tr> <td> 6:30</td> <td> 7:30</td> <td> 8:30</td> </tr> <tr> <td> 6:45</td> <td> 7:45</td> <td> 8:45</td> </tr> </table>	6:00	7:00	8:00	6:15	7:15	8:15	6:30	7:30	8:30	6:45	7:45	8:45	<p align="center"><b>STEP TWO</b> 5 HOURS BEFORE YOUR PROCEDURE</p> <p align="center">_____ : _____ <b>A.M.</b></p> <p>Drink remaining prep. <u>Drink 8 oz. glass every 15 minutes</u> for a total of 4 - <u>8 oz. glasses</u></p> <table border="0"> <tr> <td></td> <td>:</td> </tr> <tr> <td></td> <td>:</td> </tr> <tr> <td></td> <td>:</td> </tr> <tr> <td></td> <td>:</td> </tr> </table>		:		:		:		:
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**PLEASE PICK UP MEDICATION AT YOUR PHARMACY WITHIN 7 DAYS**  
**If you have any questions regarding the bowel prep instructions, please contact our office**  
**at:**  
**(714) 527-6000**

**!!!PLEASE DO NOT THROW AWAY THE LEFTOVERS!!!**