



**BOWEL PREPARATIONS INSTRUCTIONS**  
GENERIC (1 GALLON) BOWEL PREP FOR  
COLONOSCOPY SPLIT DOSE

- You may have as much clear liquids as desired until 12 midnight, **NOTHING BY MOUTH AFTER MIDNIGHT.** An empty stomach is necessary for a successful COLONOSCOPY

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<b>STEP ONE</b> DAY BEFORE PROCEDURE  <b><u>5 P.M.</u></b> start your bowel prep. <u>Drink 8 oz. glass every 15 minutes</u> for a total of 12 - <u>8 oz. glasses</u>	<b>STEP TWO</b> 5 HOURS BEFORE YOUR PROCEDURE  : <b><u>A.M.</u></b> Drink remaining prep. <u>Drink 8 oz. glass every 15 minutes</u> for a total of 4 - <u>8 oz. glasses</u>
5:00       6:00       7:00 5:15       6:15       7:15 5:30       6:30       7:30 5:45       6:45       7:45	: : : :

**PLEASE PICK UP MEDICATION AT YOUR PHARMACY WITHIN 7 DAYS**  
If you have any questions regarding the bowel prep instructions, please contact our office  
at:  
**(714) 527-6000**

**!!!PLEASE DO NOT THROW AWAY THE LEFTOVERS!!!**